PROFILE

Juliet Kesteven

Registered Social Worker · Clinical Supervisor and Mentor · Co-director, Cambridge Centre for Attachment

juliet@attachment.services · attachment.services · meaningofthechild.org

I am a social worker of some thirty years' experience with children and families, with substantial further psychological training in the assessment of attachment. My work now centres on clinical supervision, mentoring and training for practitioners working with parents and children under pressure.

What I offer

- **Clinical supervision and mentoring.** Individual supervision, in person and online, to social workers, occupational therapists, psychologists and others working with high-risk and struggling parents and children, and to practices and services. I supervise and mentor for Milton Keynes Children and Family Services, including regular group supervision for social work and multidisciplinary teams, and provide termly clinical supervision to the pastoral and leadership team at The Radcliffe School, Milton Keynes.
- **Mentoring and training.** Monthly mentoring, and occasional training, in attachment-based assessment and intervention and in trauma-informed practice, for social workers, foster carers, kinship carers and support staff at Milton Keynes Council. With Dr Ben Grey I teach the Meaning of the Child Interview on Cambridge Centre for Attachment courses and in house for organisations.
- **Attachment assessment and consultancy.** Administering and coding a range of research-validated attachment procedures with adults and children, with particular experience of parents and children who have learning difficulties, including autism.
- **Parent-infant work.** Short-term therapeutic work supporting parents' capacity for sensitive, responsive care and the development of positive attachment behaviour.

Assessment and coding

I am an accredited reliable coder of parental reflective functioning using the Parent Development Interview, and of the Meaning of the Child Interview, the Adult Attachment Interview (DMM), the School Age Assessment of Attachment, the Marschak Interaction Method and Attachment Story Stems. I have experience of administering the Adult Attachment Interview, the Parent Development Interview, the CARE-Index, Attachment Story Stems, the School Age Assessment of Attachment and the Berkeley 6-year-old Reunion Procedure, and I am PAMS trained. I have also completed the Just Right State (children) training at the Sensory Attachment Intervention Centre, Ash Cottage, Northern Ireland.

> A NOTE ON COURT WORK
>
> For much of my time at Cambridge Centre for Attachment I carried out expert assessments of parenting, attachment and risk for the family courts and local authorities. CCA no longer offers direct assessments to the family courts, owing to our training commitments. We do offer analysis and classification of attachment interviews and videos to practitioners using these procedures.

Background in brief

Co-director, Cambridge Centre for Attachment	2012–present
Senior Specialist Infant Mental Health Social Worker, Family Care	2006–2012
Senior Honorary Lecturer, University of Bedfordshire	2005–2010
Tutor and trainer, and project manager, National Childbirth Trust	1999–2005
Social Worker, Cambridgeshire County Council	1992–1994
Residential Family Assessment Worker, London Borough of Wandsworth	1987–1990
MA in Social Work (CQSW), University of York	1992
BA (Hons) in Experimental Psychology, University of Oxford	1986

Registered Social Worker, reg. SW74760

I presented at the International Association for the Study of Attachment conference in Frankfurt in 2012 and at the World Association for Infant Mental Health congress in Rome in 2018. Earlier in my career I was known as Juliet Goddard.

Publications and presentations

Grey, B., & Kesteven, J. (2018). The Meaning of the Child Interview: Assessing risk and resilience in parent-child relationships through the way parents speak about their child. Workshop presented at the 16th World Association for Infant Mental Health Congress, Rome, Italy.

Kesteven, J. (2012). Moving beyond blame and shame: Using the Dynamic-Maturational Model of attachment to inform parent-infant therapeutic interventions. Poster presented at the 3rd Biannual Conference of the International Association for the Study of Attachment, Frankfurt, Germany.

A fuller curriculum vitae is available on request, and the Cambridge Centre for Attachment publication list is at attachment.services/publications.