CURRICULUM VITAE

Juliet Kesteven

Registered Social Worker · Clinical Supervisor and Mentor · Co-director, Cambridge Centre for Attachment

juliet@attachment.services · attachment.services · meaningofthechild.org

A social worker of some thirty years' experience with children and families, with substantial further psychological training in the assessment of attachment. My work now centres on clinical supervision, mentoring and training for practitioners working with parents and children under pressure.

Current roles

Co-director · Cambridge Centre for Attachment 2012–present

Our work integrates evidence-based, research-validated methods of assessing attachment and family functioning, to support social workers and psychologist colleagues with assessment and intervention in child welfare practice. For much of the time since 2012, I carried out expert assessments of parenting, attachment and risk for the family courts and local authorities, and some short-term therapeutic parent-infant work supporting parents' capacity for sensitive, responsive care. Cambridge Centre for Attachment no longer offers direct assessments to the family courts, and my role is now consultative and supervisory.

Clinical supervisor and mentor

I offer individual clinical supervision, in person and online, to practitioners in a variety of roles, most of them social workers, occupational therapists or psychologists working with high-risk and struggling parents and children. I supervise and mentor individual practitioners and practices, and Milton Keynes Children and Family Services.

Trainer, mentor and clinical supervisor · Milton Keynes Council

I provide monthly mentoring, and occasional training, in attachment-based assessment and intervention, as well as trauma-informed practice and intervention, for social workers, foster carers, kinship carers and support staff. I also support social work and multidisciplinary teams with regular group clinical supervision.

Clinical supervisor · The Radcliffe School, Milton Keynes

I provide termly clinical supervision and support to the pastoral and leadership team at the High School. Clinical supervision at the school focuses on staff wellbeing, as well as developing a reflective understanding of the needs of pupils, especially those encountering difficulties with accessing the school curriculum and with particular social and emotional needs.

Attachment assessor and consultant

I have experience of administering the Adult Attachment Interview, the Parent Development Interview, the CARE-Index, Attachment Story Stems, the School Age Assessment of Attachment and the Berkeley 6-year-old Reunion Procedure. I am an accredited reliable coder of parental reflective functioning using the Parent Development Interview, and of the Meaning of the Child Interview, the Adult Attachment Interview (DMM), the School Age Assessment of Attachment, the Marschak Interaction Method and Attachment Story Stems. I have specialist training and experience in assessing parents and children with learning difficulties, including autism, and am PAMS trained.

Trainer · the Meaning of the Child Interview

I train social workers, psychologists, therapists and legal professionals in assessing parenting and adult attachment. With Dr Ben Grey I have trained the Meaning of the Child Interview for NAGALRO, the University of Roehampton and the West Midlands CAMHS partnership, and I teach on the Cambridge Centre for Attachment training courses. I presented at the International Association for the Study of Attachment conference in Frankfurt in 2012, and at the World Association for Infant Mental Health congress in Rome in 2018.

Qualifications and registration

MA in Social Work (Certificate of Qualification in Social Work), University of York — 1992

BA (Hons) in Experimental Psychology, University of Oxford — 1986

Registered Social Worker, reg. SW74760

Previous employment

Senior Specialist Infant Mental Health Social Worker · Family Care — 2006–2012

Family Care is a voluntary sector organisation offering services to children and families across all levels of need. I was a senior member of, and helped lead, a multidisciplinary team conducting expert assessments and interventions in family court proceedings and related matters, and carried out some short-term therapeutic parent-infant work. My role included supervising team members and quality assuring the court reports the team produced.

Senior Honorary Lecturer · University of Bedfordshire — 2005–2010

I created, developed and delivered a diploma programme on behalf of the National Childbirth Trust, Postnatal Group Facilitation. Its themes were the psychological transition to parenting, normal and otherwise, reflective practice, and therapeutic group work with parents. I also delivered training to health professionals on supporting mothers with postnatal depression and on group work with new parents.

Tutor and trainer · National Childbirth Trust — 1999–2005

I taught and mentored more than forty mature students to run community support groups for new parents, working from principles of reflective practice, therapeutic group work and an understanding of the normal psychological transition to parenthood.

Manager and developer, Community Parent Support Project · National Childbirth Trust — 2001–2004

Managing and delivering a government-funded three-year project developing community support groups for parents across the UK, particularly in culturally and ethnically mixed and more deprived areas.

Social Worker · Cambridgeshire County Council — 1992–1994

Residential Family Assessment Worker · London Borough of Wandsworth — 1987–1990

Part of a systemic team offering short-term, intensive residential assessments of high-risk families.

Residential Social Worker · The National Autistic Society — 1986–1987

Caring for severely autistic young children at a residential school in Ealing.

Assessment training and accreditation

Just Right State (children), Sensory Attachment Intervention Centre, Ash Cottage, Northern Ireland — 2026

Berkeley 6-year-old Reunion Procedure — 2023

Marschak Interaction Method, assessing parent–child interaction using the D-EIS system	2017
Adult Attachment Interview	2012–2015
Parent Assessment Manual Software (PAMS)	2012
School Age Assessment of Attachment, with Dr Patricia Crittenden	2010
Attachment Story Stem Completion Task, with Dr Steve Farnfield	2010
Introduction to the Practice of Psychoanalytic Parent–Infant Psychotherapy, Anna Freud Centre	2009
Parent Development Interview, Anna Freud Centre, with reliability as a coder for research and clinical purposes	2009
Story Stem Assessment of Attachment, Anna Freud Centre, with reliability as a coder later the same year	2008
Attachment and Adaptation, the Dynamic Maturational Model, with Dr Patricia Crittenden, London	2008
Exploring Psychotherapy, Institute of Psychotherapy and Social Studies, Highgate	1989–1990

Publications and presentations

Books

Goddard, J. (2005). *Baby's First Year*. Mitchell Beazley.

Conference presentations and posters

Grey, B., & Kesteven, J. (2018). The Meaning of the Child Interview: Assessing risk and resilience in parent-child relationships through the way parents speak about their child. Workshop presented at the 16th World Association for Infant Mental Health Congress, Rome, Italy.

Kesteven, J. (2012). Moving beyond blame and shame: Using the Dynamic-Maturational Model of attachment to inform parent-infant therapeutic interventions. Poster presented at the 3rd Biannual Conference of the International Association for the Study of Attachment, Frankfurt, Germany.

Media

Between 2002 and 2005 I spoke regularly to journalists on parenting, the psychological transition to parenthood, infant mental health and attachment, and postnatal depression, and was quoted in national newspapers and magazines including *The Guardian* and *Practical Parenting*. I also appeared on the Wellbeing Channel as a guest expert on postnatal depression, postnatal support and couple relationships after birth.

Earlier in my career I was known as Juliet Goddard, and some of the work above is published under that name.